

RESOLUTION OF THE
WHITE MOUNTAIN APACHE TRIBE OF THE
FORT APACHE INDIAN RESERVATION

- WHEREAS, the Tribal Council of the White Mountain Apache Tribe is composed of elected members who represent the people of the White Mountain Apache Tribe; and
- WHEREAS, the membership of the Tribal Council is united in the common goal of improving the overall health of the Tribal members through health promotion, disease prevention, health education and improved medical therapy; and
- WHEREAS, it is generally agreed that there is a severe problem of diabetes among adult tribal members, but no one knows how severe the problem is because no study has yet been conducted to determine this; and
- WHEREAS, the number of people being treated for diabetes is known, but it is also known that there are many others who have diabetes but do not know it; and
- WHEREAS, many tribal members suffer from complications caused by severe diabetes, and these complications include damaged kidneys which requires dialysis, loss of sight or blindness due to damaged nerves that are responsible for seeing, and amputations of the foot or leg due to infections; and
- WHEREAS, those who have diabetes should continue to receive medical care, however, it is known that diabetes can be prevented, and preventing this disease in those who do not yet have it is the better way to deal with this problem; and
- WHEREAS, diabetes is known to be a major problem of many American Indian tribes, and emphasis has now been placed by Indian health care systems to prevent the occurrence of diabetes in those who do not have the disease, and this is the basis for the National Institute of Health (NIH) to make available funds to find ways to prevent diabetes in American Indians; and

WHEREAS, Drs. W. Gordon Walker and Mathuram Santosham of the Johns Hopkins University responded to this notice from the NIH and wish to begin a project on the White Mountain Apache reservation to (1) find out how bad the problem of diabetes is; (2) to develop ways to prevent this disease; (3) to make this problem less severe in those who already have the disease; and (4) will attempt to identify those factors related to the cause of the disease; and

WHEREAS, in conducting this project, much information will need to be collected including: the number of cases of diabetes; the number of those with high blood pressure and those who are obese; a nutritional survey will assess the dietary and lifestyle habits of a random sample of people; and urine and blood specimens will need to be collected to find out how many people have undiagnosed diabetes and how bad the diabetes is in those who have the disease; and

WHEREAS, some of this information will be obtained by reviewing existing data at the Whiteriver Hospital and will not require any contact with individuals, but other information will require contact with people to obtain blood pressures and to gauge the amount of obesity and to obtain blood specimens; and

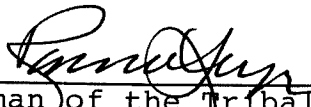
WHEREAS, the Johns Hopkins Study Center has been in continuous operation at the Whiteriver Hospital since 1981 and has conducted many research projects which have resulted in dramatic reductions of a number of diseases in Apache infants, and the staff of the Study Center will conduct this project; and

WHEREAS, participation in this project will be voluntary, and there are no anticipated serious risks in any of the standard procedures which will be conducted; and

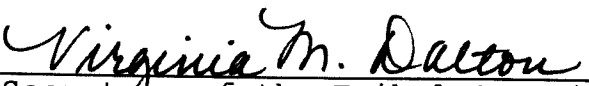
WHEREAS, the benefits to be derived will include a description of the severity of the problem of diabetes among White Mountain Apaches, identifications of risk factors to prevent diabetes, identification of factors to consider including or excluding in a person's lifestyles to help treat diabetes.

BE IT RESOLVED by the Tribal Council of the White Mountain Apache Tribe that based on the foregoing it hereby grants approval to the Johns Hopkins Study Center in Whiteriver to conduct Phase I of the Diabetes Research Study proposed by Drs. W. Gordon Walker and Mathuram Santosham.

The foregoing resolution was on March 18, 1992, duly adopted by a vote of seven for and zero against by the Tribal Council of the White Mountain Apache Tribe, pursuant to authority vested in it by Article V, Section 1 (i) of the Amended Constitution and Bylaws of the Tribe, ratified by the Tribe June 27, 1958, and approved by the Secretary of the Interior on May 29, 1958, pursuant to Section 16 of the Act of June 18, 1934 (48 Stat. 984).



Chairman of the Tribal Council



Secretary of the Tribal Council

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MAY 24 1992

FORT APACHE INDIAN AGENCY
WHITERIVER, ARIZONA